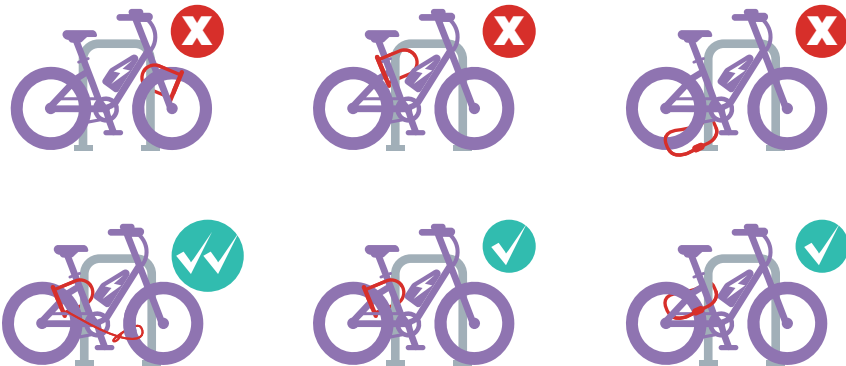


3 WHEN YOU ARRIVE...

- **Lock the frame + rear wheel** to an immovable rack.
- **Using a U-lock + cable is recommended** (cable-only can be cut easily).
- **Also cable the front wheel** to the lock or rack when possible.
- **Remove valuables:** Battery/display (if removable), lights, and any other accessories.
- **Pick strategic parking:** High-visibility, well-lit, and lots of foot traffic.

Locking Your E-bike



Want the full rundown?

AAA's free E-Ride Safety Guide covers device speeds, helmet standards, and where you can legally ride: sm.AAA/ERideReady

Sources: NHTSA, Traffic Safety Facts — Bicyclists and Other Cyclists: 2023 Data (July 2025); U.S. CPSC, Micromobility-Related Deaths, Injuries, and Hazard Patterns: 2017–2024 (April 2026).

IS YOUR E-BIKE AN E-BIKE?

What Counts as an E-bike?

- **Working pedals + seat + motor < 750 watts.**
- **Max assisted speed:** Up to **28 mph** (motor stops assisting at that point).
- **Three e-bike classes:** Class 1 & 2 (up to 20 mph), Class 3 (up to 28 mph).
- **Look for the label:** Class number + top assisted speed + motor wattage.
- **No label:** Assume it's not street legal.

Where can You Ride?

- **Roads + streets:** All classes where bikes are allowed.
- **Multi-use paths/trails:** Class 1 & 2 usually OK; Class 3 may be restricted locally.
- **Sidewalks/parks/beaches:** Often local rules—check your city/county for specific class and speed restrictions.
- **Local Requirements:** Age minimums and/or government issued photo ID may be required. Check local ordinances before you ride.

Alert!

Some devices that look like e-bikes are **not street legal**, or may require a license. Tuning any e-bike or device to go faster can lead to **tickets or fines**.



Updated July 2026



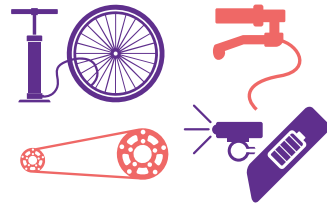
1 BEFORE YOU RIDE...

Is Your Helmet on Right?

- **Important: Helmets are required for riders under age 16** and recommended for everyone.
- Snug + level on head, securely fastened chinstrap.
- Look for NTA 8776 helmets—they are designed for e-bike speeds, with full coverage and reinforced impact protection to reduce the risk of head injury.

Quick E-Bike Check

- Tire pressure
- Brakes
- Crank and gears
- Lights and battery level



Plan your Route

- Always plan your route in advance. Check your GPS for road closures. If you're not sure about the rules of the road, stick to designated bike paths.

Battery Safety:

- E-bike batteries can **catch fire**.
 - **Use the charger** that came with the battery.
 - **Plug it directly into the wall outlet**, not an extension cord.
 - **Plug charger into wall** before connecting to the battery.
 - **Charge in a cool, dry, open space** with ventilation away from flammable materials.



2 WHILE YOU RIDE...

- **Ride predictably:** Obey signs, ride with the flow of traffic, and signal at turns/stops.
- **Control your speed:** Brake early. E-bikes are heavier and faster than traditional bikes, making it harder to stop.
- **Maintain throttle control:** Move deliberately and consistently. Throttling too hard or erratically may throw you off balance.
- **Be seen:** Wear bright/reflective clothes + use lights.
- **Eyes up, distractions down:** Put the phone away.
- **Limit headphones:** Ride with at least one ear uncovered so you can hear what's going on around you.
- **Be courteous:** Slow down near others, signal when passing, yield to people walking.
- **Door zone = Danger zone:** Stay five feet away from parked cars when possible.

REALITY CHECK: Riders age 15–20 have among the highest bicyclist injury rates of any age group (NHTSA, 2023 data). E-bike ER visits nationwide hit a record 59,200 in 2024 (CPSC). Speed + traffic = no room for autopilot.

Riding in Groups

- **No surprise braking:** Leave space so you can slow down smoothly.
- **Don't overlap wheels:** Avoid letting your front wheel get too close to a rear wheel in front of you. A sudden movement by the rider in front of you could cause you to go down.
- **Speak up + point:** Call out hazards (potholes, debris) and point so everyone sees it.